



THE HOPEWELL CENTRE

A Community of Hope and Wellbeing
88 Allied Drive, ARUNDEL QLD 4216



Grief Counselling Course

with a Focus on Children and Grief

Helping children deal with and learn through experiences of grief, loss and illness

Clare College of Transformative Education

specialising in Counselling, Health and Spirituality

A Division of Hopewell Hospice Services Inc, Registered Charity, No 1194

In association with **Paradise Kids**, this experiential course explores basic counselling skills and how to help others, especially children, make creative choices in dealing with grief, loss and illness. It also helps participants become more aware of the importance of their own grieving. The course will benefit social workers, teachers, chaplains, nurses, counsellors, health professionals and others working with children and is a pre-requisite for volunteers at **Paradise Kids**. Clare College programs help raise awareness in the community that grief and loss are natural processes, and that there is a choice in how we handle losses.

If adults have not dealt with their own grief or death awareness issues, they are less able to be there for the children. They are also likely to suppress children's emotions, rather than helping them learn to identify and express their feelings. By making connections and glimpsing the bigger picture, healing can occur.

If student counsellors have not healed their own psychological wounds, and to some extent resolved their own conflicts, it is very likely that they will experience considerable difficulty in entering the world of their clients.

G. Corey, *Theory and Practice of Counselling and Psychotherapy*, 1991

Topics covered in the 42-hour course include:

- The grieving process in adults and children
- Basic counselling skills; listening with empathy
- The spiritual dimensions of counselling
- Symptoms of emotional and spiritual pain
- Impact of childhood grief on adult life and health
- Death awareness; children's questions about death
- Mind-body links in health and illness
- Communication skills for working as a team
- Separations, divorce and other life transitions
- Signs of pain and grief in potentially suicidal children
- The transformative potential of grief; the power of attitude and motivation in dealing with life's crises
- Expressive arts and the imagination – art, writing, meditation, dream work, music, movement
- Ceremonies for all ages; rituals for peace and healing
- Insights from the Work of Byron Katie & Process Work

Five Saturdays: 4, 11, 18, 25 February and 3 March 2012 9.30 a.m. to 4.30 p.m. **and**

Two Sundays: 11 and 18 March 2012 9.30 a.m. to 4.30 p.m. [Art Therapy & Working with Children's Art]

Venue: Paradise Kids, 88 Allied Drive, Arundel, Gold Coast

Presenters: Rev. Dr Ian Mavor OAM, Ms Deirdre Hanna and Paradise Kids Counselling Team

Fee: \$250.00 to cover seminar costs and handouts. Paid with Enrolment Form. Some concessions available. Call 07 5574 6853 for information and/ or to volunteer for **Paradise Kids**; **Fax:** 07 5563 3139

enquiries@paradisekids.org.au and www.paradisekids.org.au

Enrolment for Grief Counselling Course, with a focus on Children and Grief

4 February – 18 March 2012

Please find enclosed by cash, credit card or cheque to Paradise Kids:

Amount: \$250.00 [Note: Credit Card details are destroyed after payment has been processed.]

Name: _____ **Phone:** _____

Address: _____

Email: _____ **Postcode:** _____

Card No:

Expiry Date [/] **CVV2/CCV2 number** found on the back of the card:

Signature: _____ **Name on Card:** _____

Please send to: **Paradise Kids Grief Counselling Course**, PO Box 1290, RUNAWAY BAY, QLD 4216