

COLLEGE OF TRANSFORMATIVE EDUCATION

Applied Suicide Intervention Skills Training Two-Day Workshop

What do you say to someone who is Suicidal? An ASIST workshop can help with the answers.

This internationally recognised, evidence-based workshop on suicide intervention skills will be available on a Wednesday and Thursday, at The Hopewell Centre, Allied Drive, Arundel.

The Applied Suicide Intervention Skills Training - aside from offering lifelong skills - is very hands-on and has shown long-term retention and confidence in using the skills practiced. See below some examples of testimonials. Endorsed by Lifeline Australia, the Living Works educational program is the main national suicide prevention program.

This Gold Coast workshop will be presented by accredited ASIST instructors Dr Ian Mavor from Hopewell, highly experienced in grief counselling, and Sandy Ogier, qualified in psychology and experienced in suicide prevention. This course is practical and even though the topic is a serious issue, we tend to have a lot of fun.

The information/registration flyer contains details of the course content. Everyone is welcome to contact us with their queries, just remember that those courses do not come up that often and as a small group workshop, enrolments are limited!

Suicide deaths are now the cause of more than 20 percent of all deaths for males between 20 to 39 years and higher for younger women (ABS, 2006). Many of those deaths are preventable if someone is able to see the risks and confidently intervene. Thoughts of suicide can also be a problem for older people for whom life has lost a sense of meaning or who are dealing with loss of physical ability.

What do you say to someone feeling Suicidal?

ASIST is a 2-day interactive workshop in suicide first aid. It provides training to recognise the risks of suicide and to increase immediate safety.

Living Works: A Unique Workshop with Hands-On Skills Join the nearly half-a-million worldwide who have attended the practical Living Works International Workshops - over 25,000 in Australia.

After the 2-day workshop, participants will be better able to:

- recognise how caregivers and persons at risk are affected by personal and social attitudes about suicide
- discuss suicide with a person at risk in a direct manner
- using an effective model of intervention, review immediate suicide risk, and develop individualised safe plans with confidence
- demonstrate skills required to intervene with a person at risk of suicide
- list the types of resources available to a person at risk of suicide and other life-promotion activities

Professional Presenters: Rev. Dr Ian Mavor, OAM, FACE (Hopewell Centre) brings a wealth of knowledge and experience from over 20 years in the welfare and counselling sector, and qualified co-trainer Sandy Ogier with 9 years specialisation in suicide prevention.

Enquiries: 5563 2930 (Ian), 0422 924 321 (Sandy). Fax 5563 3139, PO Box 1290, Runaway Bay 4216. www.hopewell.org.au and www.psych-ed.com.au

Place: The Hopewell Centre, Dunkirk Close, Arundel (Enter off Allied Drive beside Colgate Park)

Cost: \$225 (\$180 + \$45 for professional Workbook & Certificate). Seats are limited for this hands-on workshop so early registration is encouraged.