



In Association with
Clare College of Transformative Education

Grief Counselling Course
with a focus on Children and Grief

17 June – 15 July 2012

Helping children deal with and learn through experiences of grief, loss and illness

In association with Clare College of Transformative Education and Hopewell Hospice Services Inc., this training program has a focus on ways of helping children deal with and learn through experiences of grief, loss and illness. The course will benefit social workers, teachers, chaplains, nurses, counsellors, health professionals and others working with children or who would like to work as volunteers at **Paradise Kids Brisbane**. This program helps to raise awareness in the community that grief and loss are natural processes, and that there is a choice in how we deal with loss.

This experiential course explores basic counselling skills and how to help others, especially children, make creative choices in dealing with grief, loss and illness. It also helps participants become more aware of the importance of their own grieving. If adults have not dealt with their own grief or death awareness issues, they are less able to 'be there' for the children. They are also likely to suppress children's emotions when it might be healthier to give them expression. In contrast, by making connections and glimpsing the bigger picture, healing can occur.

If student counsellors have not healed their own psychological wounds, and to some extent resolved their own conflicts, it is very likely that they will experience considerable difficulty in entering the world of their clients.

G. Corey, *Theory and Practice of Counselling and Psychotherapy*, 1991

Topics covered include:

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| <ul style="list-style-type: none"> • The grieving process in adults and children • Basic counselling skills; listening with empathy • The spiritual dimensions of counselling • Symptoms of emotional and spiritual pain • Impact of childhood grief on adult life and health • Death awareness; children's questions about death • Mind-body links in health and illness | <ul style="list-style-type: none"> • Separation, divorce and other life transitions • Signs of pain and grief in potentially suicidal children • The transformative potential of grief • The power of attitude and motivation in dealing with crises • Expressive arts and the imagination – art, writing • Meditation, dream work, music, movement • Ceremonies for all ages; rituals for peace and healing |
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Five Sundays: 17, 24 June and 1, 8, 15 July 2012; 9:30 a.m. to 4:30 p.m.

Venue: **PK Brisbane**, 44 Newdegate St., Greenslopes (off Ridge St., in same street as Greenslopes Hospital; or take bus to Greenslopes Shopping Centre and short walk to Newdegate Street).

Presenters: Rev. Dr Ian Mavor OAM, Deirdre Hanna and Patrick Lynch

Fee: \$250.00 (payable to **PK Brisbane** with enrolment) to cover seminar costs and handouts.

Call **PK Brisbane** on (07) 3847 9943 or email info@paradisekids.org.au

Enrolment for PK Brisbane Grief Counselling Course
with a focus on Children and Grief, 17 June – 15 July 2012

Please find enclosed by cash, credit card or cheque to Paradise Kids:

Amount: **\$250.00** [Note: Credit Card details are destroyed after payment has been processed.]

Name: _____ **Phone:** _____

Address: _____

Email: _____ **Postcode:** _____

Card No:

Expiry Date [/] **CVV2/CCV2 number** found on the back of the card:

Signature: _____ **Name on Card:** _____

PK Brisbane Grief Counselling Course, PO Box 72, Greenslopes Qld 4120

Hopewell Hospice Services Inc. is a Registered Charity, No 1194. All donations \$2 and over are tax deductible.