



News from Paradise Kids and Hopewell Hospice

President's Greetings Deirdre Hanna, Founding President

paradise kids



Hopewell Hospice
Healthcare with Heart



"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."

Margaret Mead

Welcome to the first edition of the Hopewell Herald for 2011.

It is winter here on the Gold Coast. The seasonal changes of nature are noticeable as a chill breeze shakes the remaining dead leaves from the trees and the cycle of life continues. But we are only half way through this year and the massive changes that we have witnessed in our world seem out of season. January saw devastating floods cover seventy percent of Queensland and Victoria.

Christchurch's earthquake and Japan's tsunami shook the foundations of the planet. This week in our home town, the outpouring of grief over the tragic death of a young police officer, killed while protecting our local community, made international headlines. We have watched moving ceremonies of some of the twenty-seven fine young men who have been killed in the war in Afghanistan, and whose bodies have been flown home in coffins.

Today at Hopewell Hospice, as I prepare my message, we held a funeral in our garden chapel for a beloved father, husband and grandfather.

Every death affects us. Sometimes in the face of overwhelming global disasters, the funerals and deaths of the unsung heroes go unnoticed - except for their dearly-loved family and friends. We have eight residents in the hospice living out their life journeys with quality and grace. Nursing staff and volunteers care for the physical, emotional and social needs of each person with loving compassion that never falters.

Hopewell Hospice has recently been described as "the most beautiful place on earth," by a grateful family member at their loved one's recent funeral. We are proud of the many parts of Hopewell that provide preventative health care service delivery to the poor, the sick, the dying and the children.

The Simply Divine Coffee Shop at Paradise Kids, next door to the Hospice, provides a venue of community, connection, warmth and delicious treats.

This week at Paradise Kids over eighty children and their parents or carers came to receive the healing benefits of either individual counselling or support groups, thanks to our superb small team of staff and our larger team of eighty well trained volunteer grief counsellors.

Paradise Kids also looks after young children with life-limiting illnesses and their families. One young family has been sponsored anonymously at Paradise Kids Holiday House this week, to help them deal with the ongoing daily suffering of living with the life-limiting illnesses of their two young children, aged 18 months and 9 years. Paradise Kids Gold Coast is now the first point of referral from members of the local community if there are murders, suicides, car accidents or other traumatic experiences as well as the ongoing grief that separation and divorce bring.

We are also quick to respond to the crises that have rocked Australia this year and are taking a team of our counsellors to the Lockyer Valley in the June school holidays. We will provide group support for the children of flood victims and emotional help for parents, who are now realising that their losses are more than physical. At the same time we are offering a Suicide Intervention Program for that community.



Children can be 'angels' or 'pirates' and Paradise Kids helps them own both energies.

Yes, we are part of the wider world and yes, we have to deal with huge grief and loss issues on a daily basis. Our response to grief in the community is constant, committed and adaptable. We survive thanks to all of you, our small group of thoughtful and generous donors, sponsors, staff, volunteers, family and friends, who recognise that life brings many changes.

We are grateful, as you sustain us in a myriad ways through donations, fundraising efforts, bequests, and individual and workplace giving. You have walked with us in love and loyalty over the past seventeen years as we evolved.



Just as Spring's greening soon surprises the bare branches of Winter, Hopewell and Paradise Kids lives and works and has its being as a source of hope, healing and new life amongst you.

With gratefulness and blessings for a heart-warming winter season.

Deirdre

Welcome Jane, Michelle and Caroline at PK Brisbane



Michelle Palada, Jane D'Arcy and Caroline King

In Brisbane, staff changes at the Greenslopes Centre have seen the recruitment of Jane D'Arcy as General Manager, Michelle Palada as Counselling Services Coordinator and Caroline King as Administration Officer.

They are able to build on a strong foundation and are expanding the range of services offered in that city.

Paradise Point
Community Bank® Branch



Executive Director's Report

Rev. Dr Ian Mavor OAM



In the New Testament it says to welcome strangers as they may be angels in disguise.

While we emphasise such hospitality at Hopewell, this 'angel' has wings but may not be what the writer had in mind.

A year of disasters and heartache has been a powerful reminder of the work we do at Hopewell Hospice and Paradise Kids. While statistics indicate the extent of the suffering, our work is focused on the needs of individuals and families as they deal with some of life's most painful experiences.

In the Hospice, we care for people dealing with the prospect of death and with their grieving loved ones. With excellent palliative care, we are able to ensure that the final stage of life is a special time. The skilled staff care for the physical needs of the residents, and share with family members providing social, emotional and spiritual support. Through comprehensive pain management and with individualised attention, residents are assured of a peaceful transition when their time comes.

The work of Paradise Kids continues to expand, with provision of additional groups both on the Gold Coast and in Brisbane. Children come to Paradise Kids experiencing grief from many causes and the seven-session program helps heal the heartache created by their losses. Whether from the death of a loved one or the break-up of their family, children can be left with long-term problems if they don't receive support to go through the grief process.

For other children, the experience of a serious or life-threatening illness can be the source of the heartache and the Paradise Kids Illness Support Program responds to their needs. Through the Holiday House Program, this support is extended to families from far beyond the Gold Coast.



Ian and Dr Liz Keane welcome Franciscan Sisters from Italy at Hopewell.



In Brisbane, the new staff members are increasing the number of Children's Grief & Loss Support Groups being offered and are continuing the emphasis on development of training opportunities that has been a feature on the Gold Coast through our Clare College of Transformative Education.

As this Newsletter goes to print, we are reaching out to the flood devastated Lockyer Valley during the first week of the school holidays to conduct a Grief and Loss Support Group for children and their parents. We are also conducting the two-day Applied Suicide Intervention Skills Training (ASIST) course in Gatton.

A generous sponsor has helped make this outreach possible and this is a reminder that the many lives being touched through Hopewell Hospice and Paradise Kids can only be helped while we have the financial support of the community. While we are blessed with wonderful facilities, they are only as useful as the services that can be offered in them and this requires ongoing support.

I encourage you to help in supporting the children and families that we serve by making your tax-deductible donation as set out in this Newsletter.

Thank you for your continued support.

Ian

Welcome Brodie Sheiles

This March, we also welcomed new Community Development Manager, Brodie Sheiles. With over six years experience in Marketing, Events and Public Relations, Brodie's career has seen her work for television station ITV in London, the Gold Coast Turf Club and more recently Telstra Country Wide Gold Coast. Brodie will focus on all fundraising activities for Paradise Kids Gold Coast, based at Arundel.



Brodie Sheiles with Corey Bell from Gold Coast SUNS, and Counselling Manager, Patrick Lynch

The Simply Divine Cafe Volunteers wanted!

The Simply Divine Cafe at 88 Allied Drive, Arundel is becoming more popular as people become aware that all proceeds from the Cafe are directed back to Paradise Kids. Come in for a delicious winter treat, hold your meeting on the deck or purchase your take away lunch from Tuesday to Friday.

Simply Divine Cafe is staffed by volunteers and we are constantly in need of more help. You can learn to make coffees, cook and serve food. We will train you and offer free barista training.

Contact Julie Howe on (07) 5574 6853 for more information and volunteering opportunities.



Simply Divine Cafe Manager Julie Howe and dedicated Volunteer Coordinator, Margaret Roots

Handout 2

Children's lives change when someone dies. Something important may be lost.
Mum was important to me because I love her (make a list)

- ★ Christmas
- ★ drawing
- ★ birthdays
- ★ swimming
- ★ fishing
- ★ baking
- ★ holidays
- ★ smiling
- ★ eating
- ★ riding
- ★ shell collecting
- ★ climbing
- ★ snorkling
- ★ picking flowers
- ★ Mother day's
- ★ painting nails
- ★ surfing
- ★ doing hair
- ★ Bird watching
- ★ laughing
- ★ watching rainbow
- ★ stickers
- ★ playing with flipper
- ★ driving
- ★ decorating
- ★ playing
- ★ running
- ★ movies
- ★ sun baling

A child lists her losses after the death of her Mother

GOLD COAST City MARINA & SHIPYARD

Boating - the way it was meant to be!

Hopewell Hospice Report

**Kerrie Cage, Clinical Nurse
Coordinator & Nursing Team Leader**



Kerrie Cage with
Marian York and Vice
President Dr Peter Lewis

It continues to amaze me that a facility the size of Hopewell and the type of care we provide that the Hospice can be such a hive of activity. This indicates the level of care we provide to our residents, their relatives and friends and the commitment to report and liaise with the relevant government and palliative care agencies.

During the last six months, we have had 35 admissions and 37 discharges as residents come to the end of their life journey. I continue to be very proud of the hospitality the Hospice provides to our residents at their end of life and our dedicated team of nursing and volunteer staff who work tirelessly to ensure that the residents and their families are given the highest standard of care during their time with us.

Part of the hospitality that we provide includes celebrations for any reason and, during the last 5 months, we have had parties for Australia Day, St Patrick's Day, Easter and of course our own cocktail party for the Royal "Wedding of the Year". Here at Hopewell, celebrating life is a very big part of the education we provide in our end of life care.

Our most recent celebration was our Memorial Service which Marian organised to honour our residents who died in the final 6 months of 2010.

Many staff volunteered time and equipment to ensure such a successful and memorable event.

I would like to take this opportunity to thank my team, our dedicated volunteers and donors for all their valuable effort to keep Hopewell providing care at such a high standard.

Kerrie



Hopewell Hospice garden chapel



Memorial Service in honour of past residents of Hopewell Hospice

Paradise Kids Report

**Mireille Allan, Program Coordinator
Grief & Loss Support Groups**



I would firstly like, once again, to thank Sue Harrison, our wonderful welcoming Receptionist and Support Group Intake Coordinator.

Sue's tireless efforts each term making arrangements for every family that walks through our doors are greatly appreciated. Sue has done amazing work in helping parents and carers in crisis and by placing over 90 children in the 10 groups we had running this term.



Sue Harrison on her recent well deserved holiday



All Female Retreat

We had our first "All Female Retreat" for 2011, held at our beautiful Holiday House, facilitated by Mireille Allan, Dip.Clin.Hyp. Psychthpy and Ann Mitchell, B.Soc.Sc (Psych) (Hons) AMAPS. This retreat allowed time and space for deep inner work and self-reflection. It was a time for spiritual and personal growth as well as laughter and joy.

People worked on a deeper, wider and higher level towards discovering their inner-self, through writing, meditation, art and silent reflection. Three days of living more fully through self-awareness, inner wisdom and mindfulness.

Our next retreat will be held in September. For more information, please contact Mireille at Paradise Kids or visit www.paradisekids.org.au

This is one of the many wonderful testimonials we received from the participants:

Thank you so much for this retreat. It has brought out feelings and experiences and expressed them as words and images. It has allowed the safe exploration of the hidden depths and facilitated the shifting of large and difficult boulders. It has helped me to heal, to accept who I am, where I am and to move forward with security and confidence. Thank you once again for a beautiful, cathartic and enriching experience.

Love, Lesley

Sandplay Therapy Experience

The Sandplay Therapy Experience workshops are always very well received and are suitable for anyone with an interest in this type of work or an interest in exploring their own inner self through deceptively simple yet powerful techniques that makes use of symbols and sand.

Future workshops will be held on 9 October for Day 1 and 20 November for Day 2. They are stand alone workshops, however Day 1 must be completed in order to register for Day 2.



Participants in the Sandplay Therapy Experience



This lovely testimonial is from a recent participant who completed both Day 1 and 2 of the **Sand Play Therapy Workshop**.

In the beginning of my first Sandplay Therapy Workshop, I was excited, nervous and interested to know how the process would unfold for me. My observation of the initial process, the sand play demonstrated by the facilitator, Mireille and a client, provided me with meaningful ways and insights of the approach and the therapy. To my surprise, as my hands began to move around the sand, I felt a release of energy and then the symbols were placed however way I felt at that moment in time. My feelings and emotions were raw, the process was authentic as I managed to explore deeper into the issue that unexpectedly emerged. I came out of the process feeling a sense of relief and satisfaction.

I had gained clarity on an issue that had unconsciously occupied my mind. Hezreen

Mireille

Tree of Life Art Experience

Mireille Allan and Theresa McEwan introduced a new workshop in February. The Tree of Life Art Experience workshop was a great success with participants working both with a partner and then individually on their art component in the afternoon. The 10 participants were all able to share their works of art and we had 10 very different, unique and colourful trees. The workshop is to encourage self reflection, inner work, exploring art as well as looking at generational strengths and weaknesses. The next workshop is planned for Sunday June 19. The cost is \$95.00 or \$40.00 for Paradise Kids volunteers.

Please call (07) 5574 6853 to register your interest. Limited places available.



Tree of Life Group display their Art



Paradise Kids Report

Theresa McEwan, Illness Support and Holiday House Coordinator

Holiday House



On Saturday 7 May 2011, Paradise Kids welcomed our 22nd family to the Holiday House at Arundel since its inception in April 2009.

The Ambrus family was referred by Very Special Kids in

Victoria and an extremely kind anonymous sponsor made it possible for this special family to receive support through Paradise Kids. When I spoke to Anna, Jaiden's Mum, she wanted her Mum, Dad and Nana to be a part of the experience as they had been a big part of Jaiden's journey. It is the first time we have had 4 generations in the house and it was busy!

A big thank you to Penny and Ailie our lovely volunteers who supported Jaiden's siblings with our grief and loss programs. Thank you also to Mireille who was able to support the adults emotionally and to Iva, who provided the family with transportation and catering. I spent my time with Jaiden who is just a delight! Please read the family's testimonial below on their experience with Paradise Kids.

Theresa

The Ambrus Family

My Name is Anna and I have four children. In May 2005, my oldest son Jaiden was diagnosed with a rare cancer and my whole world fell apart. We were transferred to Royal Children's Hospital Melbourne. There, we were told what type of cancer Jaiden had (Sarcoma of the Nasal Pharynx) and that it was inoperable and that he would need 43 weeks of chemotherapy every week, and that he would get very ill. Jaiden was given a 40 per cent chance of survival. Jaiden didn't really understand what was going on but stayed so positive and strong.

He then got a port put into his chest which is used to give him his chemo. Weeks into his treatment he got very sick and lost a large amount of weight and his hair, eyebrows and eyelashes were falling out. It was devastating to see your baby go through so much. The Doctors told me that it was looking as though Jaiden was getting really weak and that it was going to be real tough. The chemo also was damaging his legs so he couldn't walk and was told he would be in a wheelchair for the rest of his life. He underwent a lot of operations and transfusions and was so brave and never complained.

Jaiden also had 28 days straight of radiation where he had a mask over his entire head and neck, and was bolted down to a bed and again never complained just listened to music. The list goes on and on.

At the time I had a three-year-old daughter and was pregnant with my third child. Life was really testing me and couldn't do it in a more cruel way. I could sit here and write a novel on what happens to a child when they get cancer and what it does to the family and siblings. Thankfully, Jaiden is now 11 years old and to look at him you wouldn't think that I was talking about the same child, he is not only walking but running around, he still has a long road ahead of him with appointments and long-term affects due to his treatment (bone problems in his face and teeth to mention two).

When your child gets very ill, your whole world is turned upside down and revolves around hospitals, appointments, operations, transfusion, etc. and you have little time for anything else. On 7 May 2011, we were lucky enough to be given a much wanted and needed holiday to Queensland through Paradise Kids. Not only did they make it possible for my family to come but they were great enough to make it possible for my Mum, Dad and Nan to be there to spend some much needed quality family time together as they all gave me unconditional and much needed support during the hard time and still do.

We were given a BEAUTIFUL house to stay in and were given much needed emotional support in which the kids were loving and couldn't wait for their next sessions. I also, along with my partner, enjoyed counselling and would recommend it to everybody who has gone through something traumatic or needs support around grief.



The Ambrus Family with Paradise Kids staff



Holiday House Buddies

The wonderful staff were great and welcomed us with open arms. It made us feel as though we had been friends for years. We also were spoilt and taken out for lunch and dinner. The children had a choice of a theme park and were thrilled to go to Dreamworld. It was nice to see them all being kids and having fun together.

I can't say how thankful we all are to everybody involved in this great team and how much we loved this opportunity. I would recommend PARADISE KIDS to everybody and will spread the word of such a great organisation.

Thank you from the bottom of my heart.

Anna



The Holiday House "in action"

Welcome to Grace Merrick



Grace Merrick has recently joined the Hopewell Team, living at the end of the Holiday House and serving as cook and hostess for the visiting families as well as helping with Pastoral Care in the Hospice.

Grace's therapeutic approach and intuitive healing ability come from her belief in uncovering and enhancing the

"goodness" inherent in each individual.

Grace is a Unity Minister and a past Coordinator of Hopewell's Living Well Program, 'Wellness on Wheels' (WOW Tours). Her training, background and expertise in counselling spans multiple disciplines and she has speciality training in assisting people recover from addictions and depression. Grace has done workshops with Elisabeth Kübler Ross and counselled people in grief and loss issues over many years.

Child-Parent Relationship Training

This year we have introduced a new children's group for 3-5 year-old children, and for their parents to learn new skills and techniques based on Play Therapy theories. The first group was held first term with 8 children attending and 16 adults.

Over 7 weeks, parents learn how to 'play with their child' by acknowledging and noticing the child. The course is facilitated by Mireille Allan who has also trained over 30 of our volunteers with these skills to enable them to work more effectively with children participating in our grief and loss programs.

The children participate in 14 play therapy sessions with their own "buddy" supervised by Theresa McEwan. Parents are given an opportunity to observe one of these sessions which proved beneficial. Our graduation was a lovely experience with the children and parents being recognised with certificates and photos with their buddies. This group runs four times each year.

Cost is \$15.00 per session which includes coffee and cake for parents and morning tea for children. We are now taking enrolments for Term 3. Please phone (07) 5574 6853 for more details.



Child-Parent Relationship Training

Welcome Vikki Strickland

Vikki has joined us as Hospice Administrator and is working hard to get a full understanding of the requirements that go with that role, especially in regard to ACHS requirements and documentation for the Health Funds.

Vikki has served in the Australian Navy and with Telstra Country Wide on the Gold Coast.




DEAN ANCLIFFE THE GOOD GUYS
 HELENSVALE HOPE ISLAND RD HELENSVALE 07 5656 7600


RACV Royal Pines
 Resort

Paradise Kids Donation Money Boxes

Over the years, Paradise Kids has been approached by many Gold Coast businesses who are interested in hosting a donation money box at their workplace. This is an important fundraising stream for our organisation and we would like to sincerely thank the companies who continue to support this initiative.

The boxes are cleared regularly and the donations collected from your staff and customers are greatly appreciated. We are looking for more locations on the Gold Coast and in Brisbane where we can locate Money Boxes. If you have any suggestions, contact Brodie Sheiles on (07) 5574 6853.

Paradise Kids on Facebook

If you have a Facebook account, link up and keep in touch with Paradise Kids news and events.

Grief Counselling Courses with a Focus on Children and Grief

Learning to support children in dealing with experiences of grief, loss and illness

Topics covered in the 42-hour course include:

- The grieving process in adults and children
- Basic counselling skills; listening with empathy
- The spiritual dimensions of counselling
- Symptoms of emotional and spiritual pain
- Impact of childhood grief on adult life and health
- Death awareness; children's questions about death
- Mind-body links in health and illness
- Separations, divorce and other life transitions
- Signs of pain and grief in potentially suicidal children
- The transformative potential of grief; the power of attitude and motivation in dealing with life's crises
- Expressive arts and the imagination – art, writing, meditation, dream work, music, movement
- Ceremonies for all ages; rituals for peace and healing

Brisbane: Seven Sundays, 10 July to 21 August

Gold Coast: Four Saturdays: 6, 13, 20, 27 August 2011, 9.30 a.m. to 4.30 p.m. **And Two Wednesday evenings:** 10 and 17 August 2011, 7.00 p.m. to 9.30 p.m. **and Two Sundays**, 11 and 18 September 2011, 9.30 a.m. to 4.30 p.m.

Venues: Brisbane, 44 Newdegate St., Greenslopes

Gold Coast, 88 Allied Drive, Arundel, Gold Coast

Presenters: Rev. Dr Ian Mavor OAM, Ms Deirdre Hanna and others from Paradise Kids and Hopewell

Call: (07) 5574 6853 or (07) 3847 9943 for information and/ or to volunteer for **Paradise Kids** or visit www.paradisekids.org.au



GOLD COAST TURF CLUB
"Racing every Saturday in Paradise"

Events News

ATHOC Foundation Golf Day

When the ATHOC Foundation Golf Day was held at Robina Woods Golf Course on 15 April, Paradise Kids was honoured to be a beneficiary of the event. Players competed in the Paradise Kids putting challenge where their skills were put to the test with a children's putting set. The winner received 4 tickets to a Gold Coast SUNS game, who have recently selected Paradise Kids as one of their charity partners for 2011.



SUNS player Jeremy Taylor was on hand to show the competitors how it was done! A very big thank you to the ATHOC Foundation for including us in this wonderful event and also to the Gold Coast SUNS for assisting on the day.



Jeremy Taylor testing the putting challenge

Golf Days provide an excellent way for assisting Paradise Kids and organisers seeking a charity to support are encouraged to contact us.

Every donation counts. Thank you



Australian Timeshare and Holiday Ownership Council



ABBALIVE Tribute Concert

On Friday 20 May 2011, crowds gathered at the Southport Sharks Function Centre to experience an ABBA tribute band like no other. ABBALIVE use a live band, full choreography, spectacular costumes and brilliant production, to showcase the best ABBA concert to emerge from Australia and this night, it was all in the name of charity.

Almost 400 supporters hit the dance floor to help raise funds for Paradise Kids while dedicated fans wore their favourite flares and retro gear to enter the Best Dressed Contest. Thank you to all who attended. Stay tuned for more toe tapping events.

The Gold Coast SUNS were again a great supporter of this event providing tickets to a game at their new home ground, Metricon Stadium. The Gold Coast Turf Club contributed significantly by supplying a dining voucher for six people for their Skyline Restaurant valued at \$600.



ABBALIVE cast members, Lynelle Leighton, Nicole Sokolovic and James McIntyre

Photo courtesy of ALLAN PHOTOGRAPHY

The Angels are Back

It's never too late to have a happy childhood! Keep this date aside to celebrate Paradise Kids **Angel Appeal Day** on Friday 2 December.

Help Paradise Kids by celebrating the Paradise Kids Angel Day Appeal—wear white, with wings or a halo to work; join our Angel Walk; sponsor an Angel or sign up for one of the many fun fundraising teams.



Dean Vegas and Buddies on the Angel Walk last year. Come along this year.

Upcoming Events

Fundraising Movie Night Harry Potter and the Deathly Hallows: Part 2



Paradise Kids invites all Harry Potter followers to a special fundraising movie night for the final film installment, to be held at Event Cinemas Robina on Friday 22 July. All proceeds raised on the night will go directly to Paradise Kids so make sure you come along, enjoy and help us raise funds!

WHEN: 6:45 pm Friday 22 July 2011

WHERE: Event Cinemas Robina

COST: \$30 Adults

Ticket, medium popcorn and drink

BOOKINGS: Paradise Kids (07) 5574 6853

Cocktails & Couture Fashion Parade



After a successful launch in 2010, the Cocktails and Couture Fashion Parade will be staged again in 2011. The event will take place in the Paradise Room of The Arts Centre Gold Coast on Friday 14 October from 6:00 pm.

Fantastic designers will showcase their latest fashion with models from great Paradise Kids supporters, Reeder Management. Guests will be treated to a cocktail on arrival and selection of canapés, live entertainment and the opportunity to bid on fantastic auction items.

WHEN: 6:00 pm, Friday 14 October 2011

WHERE: The Arts Centre Gold Coast

COST: \$35 per person

Ticket, cocktail on arrival and selection of canapés

BOOKINGS: Paradise Kids (07) 5574 6853



Paradise Kids Support Group. Children learn to use strong energy in safe ways.

**REEDER
MANAGEMENT**
MODELS • ACTORS • EXTRAS



How You Can Make a Difference!

Workplace Giving

EziDebit

It's never been easier to make a donation to Paradise Kids and help us heal the heartache. Through EziDebit, businesses and individuals can make a secure on line donation, either on a regular basis or as a one off donation.

All donations over \$2 are tax deductible and are a simple way of helping our charity. If your workplace is looking to support a worthy cause check out the Paradise Kids website and the "MAKE A DONATION TODAY" box on our home page.

www.paradisekids.org.au

Everyday Hero

www.everydayhero.com.au

You can be a Hero for Paradise Kids by building your own personal fundraising page through Everyday Hero. It only takes a few minutes to build and email to all of your contacts.

A fundraising page is a special website accessible to your family, friends and colleagues that gives you the capabilities to accept donations online. You can share a message of inspiration, start a blog and share images or a video to help you raise funds for Paradise Kids. Your donations are tallied and displayed in the fundraising page meter for everyone to see.

Be a Hero and create your own fundraising page for Paradise Kids then spread the word. The more people you tell about Everyday Hero, the bigger the difference we can make.

Entertainment Books

We are pleased to offer you the NEW Entertainment Book! This is a local restaurant and activity guide providing hundreds of 25% to 50% off and 2-for-1 offers from fine restaurants, cafes, attractions, theatres and accommodation.

There are even free tickets to the GC Titans and GC SUNS – for only \$55 its great value for the whole family AND 20% of all book sales contribute directly to our fundraising! You can purchase your book at www.entertainmentbook.com.au/orderbooks/145371 OR contact Paradise Kids to purchase your copy and start saving today!



Event Beneficiary or Sponsorship

Paradise Kids has an extensive event calendar and you could be the naming rights sponsor or supporter of an event in 2011. Or you may wish to create your own fundraising event and select Paradise Kids as the beneficiary. For more details contact Brodie Sheiles on (07) 5574 6853

Program Partnership

Paradise Kids delivers 9 Grief and Loss Support Groups conducted over 7 weeks each school term, to children aged 2 to 11 years. An average of 10 children will attend each group, and each child receives individual support from a trained volunteer "Buddy". There is also a special Boys' Group.

Businesses that wish to sponsor Paradise Kids programs, to help us make a difference in the lives of Gold Coast children and their families can enter into Program Partnerships. For more information on the benefits of partnering with Paradise Kids or to make a difference please contact: Brodie Sheiles, Community Development Manager, on (07) 5574 6853 or email bsheiles@paradisekids.org.au

Gold Coast SUNS Partnership

Paradise Kids has been chosen as a charity partner by the Gold Coast SUNS in recognition of the Boys' Program led by Patrick Lynch, with its emphasis on being a responsible male. SUNS players have visited the Friday afternoon group to teach AFL game skills, as well as other support being provided.



Men and Boys interact together



Important Commencement Dates

Upcoming Events and Courses

Please visit www.paradisekids.org.au for full date listings of courses and events

July

Sunday 3	Explorations in Spirituality and Worship, 11:00 am - 1:00 pm, Gold Coast
Tuesday 5	Brisbane Tree of Life Workshop: one-day workshop
Sunday 10	Brisbane Grief & Loss Course: seven Sundays 9:30 am - 4:30 pm
Tuesday 12	Brisbane Playful Approaches to Grief Counselling: two-day workshop
Thursday 21	Child-Parent Relationship Training—14 hour course
Friday 22	Fundraising Movie Night—Harry Potter & the Deathly Hallows
Sunday 31	Gold Coast Tree of Life Art Experience one-day workshop

August

Saturday 6	Gold Coast Grief & Loss Course: 42 hour course
Sunday 7	Explorations in Spirituality and Worship, 11:00 am - 1:00 pm, Gold Coast
Monday 8	The Healing Journey, Five-Day Residential Workshop with Grace Gawler
Wednesday 10	Gold Coast Applied Suicide Intervention Skills Training: two-day workshop

September

Sunday 4	Explorations in Spirituality and Worship, 11:00 am - 1:00 pm, Gold Coast
Monday 12	The Healing Journey, Five-Day Residential Workshop with Grace Gawler

October

Sunday 2	Explorations in Spirituality and Worship, 11.00 a.m. To 1.00 p.m., Gold Coast
Sunday 9	Sandplay Therapy Workshop Day 1
Friday 14	Cocktails & Couture Fundraising Fashion Parade, 6:00 pm, The Arts Centre Gold Coast
Friday 28	Two-day Residential Workshop: The Inner Makeover—A Weekend for Wellness, with Grace Gawler

November

Saturday 5	Palliative Care Training Program, 26-hour course
Sunday 6	Explorations in Spirituality and Worship, 11:00 am - 1:00 pm, Gold Coast
Sunday 20	Sandplay Therapy Workshop Day 2

December

Friday 2	Paradise Kids Angel Appeal Day and Walk —mark the date in your Diary!
Sunday 4	Explorations in Spirituality and Worship, 11:00 am - 1:00 pm, Gold Coast

New Programs for the Living Well Centre, led by Grace Gawler

Grace Gawler is the founder and a Director of the Gold Coast non-profit HPC the **Grace Gawler Institute for Integrated Cancer Solutions**. A survivor of a life-threatening condition; Grace has also guided and supported more than 13,000 cancer patients during her 35-year career. A naturopathic herbalist, nutritionist, counsellor and cofounder of the famous Gawler Foundation, Grace's work has continued to evolve whilst preserving her original, successful formula with a focus on helping cancer patients to heal their whole life – not just their cancer.

Workshop Venue: 11 Dunkirk Close, Arundel, Gold Coast Qld.—The Paradise Kids Holiday House

1. The Healing Journey: a 5-day Residential Workshop

A residential workshop designed for anyone dealing with cancer who wants to know how to navigate the complex cancer maze, – The Healing Journey – based on the best seller, *Women of Silence* and Grace's new eBook *Grace Gawler's Survivors' Secrets*.

Workshop 1: Monday 8 August – Friday 12 August; **Workshop 2:** Monday 12 Sept– Friday 16 Sept

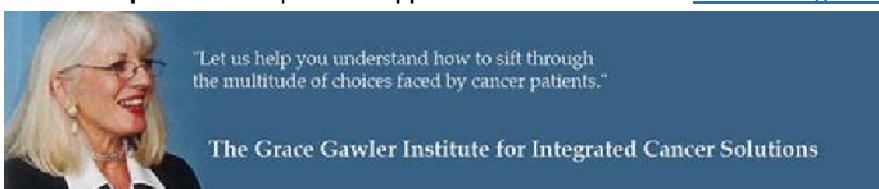
Times : Arrive by 10:00 am Monday – retreat concludes 5:00 pm Friday

2. The Inner Makeover—a two-day Residential Weekend of Wellness

Dates: Friday 28—Sunday 30 October; How to make a Stress-free, personalised Health Plan, to reconnect with your Passion and to have Fun while Learning.

More Details: www.hopewell.org.au, www.paradisekids.org.au or www.gracegawler.com/institute

Email enquiries or request an application form to attend: institute@gracegawler.com



ANGELS FOR PARADISE KIDS

Paradise Kids are now offering a unique opportunity to individuals who would like to donate regularly and become an **ANGEL FOR PARADISE KIDS**. You can purchase an annual supporters pack for \$120 with all proceeds going directly to our organisation. Angels will receive copies of the bi-annual Hopewell Herald, special Angels bi-monthly e-newsletters which include discounts and offers only available to Angels for Paradise Kids and each year all Angels will go in the draw to win a fantastic prize!
Help support Paradise Kids today.

Cost: \$120 / year OR \$10 / month
Registration: Contact Community Development Manager, Brodie Sheiles on (07) 5574 6853 OR Email: bsheiles@paradisekids.org.au

CONTACT US

The Hopewell Centre
88 Allied Dr, Arundel QLD 4214
PO BOX 1290
Runaway Bay QLD 4216

Hopewell Hospice www.hopewell.org.au

PH: (07) 5563 2930
F: (07) 5574 6871

Kerrie Cage, Clinical Nurse Coordinator & Team Leader
Marian York, Volunteer & Family Support Coordinator

Clare College of Transformative Education & Living Well Centre

PH: (07) 5574 6853

Rev. Dr Ian Mavor OAM & Deirdre Hanna, Directors

Simply Divine Cafe

PH: (07) 5574 6853

Julie Howe, Catering Manager
Margaret Roots, Volunteer Coordinator

Paradise Kids Gold Coast www.paradisekids.org.au

PH: (07) 5574 6853

F: (07) 5563 3139

Rev. Dr Ian Mavor OAM, Executive Director
Deirdre Hanna, Founding President
Natasha Waters, Finance Manager
Brodie Sheiles, Community Development Manager
Patrick Lynch, Counselling Services Manager
Mireille Allan, Program Coordinator Grief & Loss Support Groups
Theresa McEwan, Illness Support Coordinator & Holiday House Coordinator
Dr Pamela Chalip, Children's Counsellor
Sue Harrison, Receptionist & Support Group Intake Coordinator

Paradise Kids Brisbane www.paradisekidsbrisbane.org.au

PH: (07) 3847 9943

Jane D'Arcy, General Manager
Michelle Palada, Counselling Services Coordinator
Caroline King, Administration Officer

PK4Africa www.paradisekids4africa.org.au

Rev. Dr Themistocles Adamopoulos, Sierra Leone
Australian Contact: Louis Toubas 0411 739 379

Hopewell Hospice & Paradise Kids Donation Form June 2011

Registered Charity 1194—Donations over \$2.00 are Tax Deductible

Please find enclosed a donation to support: Hopewell Hospice Paradise Kids Where most needed

Donation Amount: \$ _____ Cash Credit Card Cheque

Card type: Visa MasterCard AMEX Signature: _____

Card number: _____ Expiry Date: [/]

CVV /CCV number found on the back of card:

Name on card: _____ Phone: _____

Address: _____

Postcode: _____

Email: _____

Credit card and cheque donations can be mailed to PO BOX 1290 Runaway Bay QLD 4216
Cash donations can be made by visiting Hopewell and Paradise Kids at 88 Allied Drive, Arundel QLD 4214